

FAMILY AND CONSUMER SCIENCE

Family and Consumer Science

Course Indicators:

The student will:

1. List stages of child development for physical, emotional, and social growth.
2. Describe the vital importance of the parents' role nurturing children.
3. Recognize safe childcare practices and list precautions to practice with children.
4. Practice measuring techniques for various foods.
5. Memorize equivalents and abbreviations.
6. Demonstrate the basic cooking terms.
7. Demonstrate personal cleanliness in the kitchen.
8. Practice appropriate safety measures to prevent injuries in the kitchen.
9. Identify and follow specific clean up measures after lab in kitchens and room.
10. Practice cooking techniques and utensil used with food from the four food groups.
11. Memorize the four food groups and examples of each.
12. Show proper table service by setting table and serving food during lab.
13. Practice appropriate etiquette.
14. Name the sources of fibers.
15. List synthetic and natural fibers.
16. Memorize sewing machine parts and functions

17. Properly operate and follow safety rules of the sewing machine.
18. Identify sewing notions and their uses.
19. Construct a simple sewing project.
20. Select garment for class project.
21. Select pattern layout/cutting guide.
22. Construct garment according to pattern instructions.
23. Evaluate garment construction and fit.
24. Explain how good grooming habits can create a sense of positive self-concept.
25. Describe the influence of appearance on being socially acceptable.
26. Demonstrate personal cleanliness daily.