

FAMILY AND CONSUMER SCIENCE

PARENTING AND CHILD DEVELOPMENT

Grade: 9-12

Credit: 1.0

Narrative:

A one-year elective course, which focuses on developing parenting skills through a knowledge of child development.

Indicators for Parenting and Child Development Outcomes

The student will demonstrate knowledge of:

1. parenting readiness
2. parenting decisions
3. parenting responsibilities
4. human reproduction
5. family planning
6. the birth process
7. child development and the impact of a child on the family
8. parenting practices
9. the student will exhibit competencies in the development of leadership skills through the integration of FHA in the curriculum.

SKILL CODE: FHA=FHA; Math = M; Science = S; Social Sciences = SS; Communication = COMM; Work Place = WP

OUTLINE	SKILL	ACTIVITY
<p><u>Time Frame: 2-3 weeks</u></p> <p>1. Becoming a Parent</p> <ul style="list-style-type: none"> • Human Reproduction • Pregnancy prevention • Sexually transmitted diseases/AIDS • Factors related to becoming a parent • Pregnancy and its affect on parents, children • Alternatives to becoming a parent 	<p>FHA/WP</p> <p>COMM/SS/FHA</p> <p>FHA/WP</p>	<p>Speaker from Johnson County Health Department about STD's.</p> <p>Panel about marriage and parenting.</p> <p>CASA speaker Adoption agencies</p>

<ul style="list-style-type: none"> • Parental care • Stages of fetal development • Causes of high risk pregnancy • Birth process • Psychological and environmental changes • Economics factors affecting parenting 	<p>S/WP</p> <p>FHA/WP</p> <p>M/S/SS/COMM</p>	<p>Video about birth process.</p> <p>Field trip to Olathe Medical Center Birthing Center.</p> <p>“The Real Game” Budgeting</p>
<p><u>Time frame: 2 weeks</u></p>	<p>COMM</p>	<p>Interview of own parents.</p>
<p>2. Parents Responsibilities</p> <ul style="list-style-type: none"> • Parenting role models • Realistic expectations of parent and child • Child rights and parent rights • Parent/child relationship • Needs of children • Guidance of children • Life-span parenting • Parenting crisis • Special needs of family members 	<p>COMM</p> <p>FHA/COM/SS</p>	<p>Have students read “A Child Called It.”</p> <p>Sunflower House – Child abuse Prevention Coalition</p>
<p><u>Time Frame: 2 weeks</u></p>	<p>COMM/SS</p>	<p>Observation of Children – Hear Start</p>
<p>3. Child Development</p> <ul style="list-style-type: none"> • Understand the interrelationship of growth and development areas • Recording and interpreting observations • Developing self-confidence through encouragement of individual strengths • Guiding the development of communication skills • Importance of listening and responding 	<p>FHA/COMM/SS</p> <p>COMM/SS</p>	<p>Parenting Power – Consultant</p> <p>Observation of session between child and speech pathologist.</p>

<p><u>Time Frame: 2-3 weeks</u></p> <p>1. Physical, intellectual, social, and emotional development of the infant from birth to 12 months</p> <ul style="list-style-type: none"> • Physical growth from birth to 12 months • Appropriate technique for mothering the physical needs of the infant • Nutrition, good health practices, safety • Piaget's theory on intellectual development • Identify concepts that children learn • Stages of language development and the importance of talking and reading to infants. • Four theories of how infants learn • Factors that influence intelligence • Guideline for providing an infant with a good environment 	<p>FHA/COMM/S</p> <p>FHA/S/COMM/WP</p> <p>FHA/COMM</p> <p>FHA/COMM</p>	<p>Lactation Specialist – Children's Mercy Hospital</p> <p>Pediatrician</p> <p>Parents as Teachers – Home Hazards Lab</p> <p>Parents as Teachers</p>
<p><u>Time Frame: 2-3 weeks</u></p> <p>5. Physical, intellectual, social, and emotional development of the infant from 12 to 36 months</p> <ul style="list-style-type: none"> • Describe physical growth from 12-36 months • Demonstrate appropriate techniques for meeting the physical needs of the toddler • Describe the importance of play during the toddler period • Cite problems and solutions to problems in the toddler's physical development • Recognize good health practices for the toddler • Recognize Piaget's theory and other theorist's theories of intellectual development of toddler 	<p>FHA/WP</p> <p>COMM/FHA/WP</p> <p>S/SS/M</p> <p>COMM</p>	<p>Field trip to a children's clothing store to compare clothes sizes of 12-36 month children.</p> <p>Field trip to Childcare Center.</p> <p>Object performance experiment on four, six, & eight month old babies.</p> <p>Students develop developmentally –</p>

<ul style="list-style-type: none"> • Recognize the factors that affect the intellectual development of toddler • Identify the stages of language development of the toddler • Recognize the importance of socialization and family in the toddler's social development • Describe a toddler's feelings and moods as they relate to the toddler's emotional development • Age appropriate activities, toys, and books • Good health practicing nutrition and safety 	<p>COMM/FHA</p> <p>COMM/SS</p> <p>COMM/SS</p>	<p>developmentally – appropriate coloring book.</p> <p>Project – Brochure about how adults can promote trust in toddlers.</p> <p>Field Trip to Border's Children Shop</p> <p>CPR Demonstration by Spring Hill Fire Department.</p>
<p><u>Time Frame:</u> 2-3 weeks</p>		
<p>7. Guidance and Discipline</p> <ul style="list-style-type: none"> • Appropriate guidance and discipline techniques and effective communication skills to promote optimum behavior • Define guidance and discipline as it applies to the young child • Personal behaviors of the parents/care giver which affect guidance • Identify types of guidance • Consideration of the child's level of development in determining and selecting an effective guidance technique • Criteria for setting and enforcing good limits • The importance of a young child's self-confidence as it relates to the need for guidance from parents and care giver • Effective communication techniques to age with young children • Selecting appropriate solutions to use for specific 	<p>COMM/FHA</p> <p>COMM/FHA/WP</p> <p>COMM</p>	<p>Discussion of "I Messages" And positive communication.</p> <p>Child psychologist speaker.</p> <p>Discussion of what self esteem is and why it is important.</p>

<p>behavior problems encountered with young children</p> <p><u>Time Frame: 2 weeks</u></p>	<p>COMM/SS/FHA</p>	<p>Research project and presentation on specific theories of behavior management.</p>
<p>8. Children with exceptionalities</p> <ul style="list-style-type: none"> • Recognize the causes and characteristics of children with exceptionalities • Terms associated with handicap conditions • Characteristics of different exceptional children • Identify agencies and legislation that ensure the rights of children with exceptionalities 	<p>COMM/WP</p> <p>COMM/SS/WP</p> <p>FHA/COMM/SS</p>	<p>Speaker from Special Education Department</p> <p>Interview of parent of special needs student.</p> <p>Kansas Legal Services attorney</p>