

USD 230 Curriculum Map
Grade: Fourth Subject: Health
Quarter Taught: Yearly, Ongoing

| State Indicators | District Objectives/Outcomes/ Key Concepts | Instructional Strategies | Student Activities or Product(s) | Resources Used | Methods of Assessment |
|--------------------------------------|---|--|---|---|---|
| 4.1.11 4.1.10 | Difference between bacteria and virus. Differentiate between communicable and non-communicable diseases. | Discussion, board work | Worksheets | Handouts | Worksheets, Observation |
| 4.2.11 4. 5.7 4.1.12 4.2.10 | Discuss the emotional and physical changes taking place in adolescents during puberty. Recognize methods of personal hygiene as affected by puberty and describe ways to be responsible | Class discussion. Private anonymous question and answer time with note cards. Video and posters. | Pre-test and post test. Separate videos for girls and boys. | <i>Looking Good and Feeling Good</i> program. Always changing program. Resources obtained by school nurse | Participation, Observation, pre and post test |
| 4.3.7 | Define nutrients, their functions, and some food sources where they can be found | Board work and discussion, lab assignment | Zip workbook Lab assignment | The Kansas Beef Council worksheets. <i>The ZIP team</i> , Dr. Healthenstein CD | Worksheets Observation, lab assignment |
| 4.3.8 4.4.3 4.4.6 4.6.6 | List kinds of drugs. Participate in a local and National drug awareness activity. Discuss use of alcohol and tobacco. Discuss the dangers of drugs, alcohol, and tobacco | Brainstorm, KWL Class discussion Activity | Pictorial drawing and or essay contest. | Red Ribbon Week activity book and handouts. | Essay, pictorial drawing, Participation |
| 4.5.8 | Demonstrate safe basic first-aid procedures | Class discussion Practice activity/ Video | Roll play activity | Sunburst Video: <i>Come see what first aid you can do.</i> | Observation, Participation |
| 4.7.7 | Recognize changes in families and importance of elderly | Class Discussion Read along | Trip to nursing home, Report on family | Library book | Report Observation Participation |
| 4.7.8 | Identify how air and water pollution affect our health. | Class discussion, Video | <i>KC Star</i> newspaper | <i>KC Star</i> newspaper, Video – <i>Clearing the Air, Quality in Greater Kansas City</i> , by Mid-America Regional Council | Observation Participation |