

**USD 230 Curriculum Map**

**Grade: 7<sup>th</sup>      Subject: Health**

**Unit: Building Self-Esteem**

**Quarter Taught: 1<sup>st</sup>/or 3rd**

<b>State Indicators</b>	<b>District Objectives/Outcomes/ Key Concepts</b>	<b>Instructional Strategies</b>	<b>Student Activities or Product(s)</b>	<b>Resources Used</b>	<b>Methods of Assessment</b>
<p>7.1.6 7.3.8 7.3.1 7.5.2 7.5.3 7.5.4 7.5.5 7.5.6 7.5.7 7.5.8 7.5.9 7.5.14 7.6.2 7.6.6 7.6.8 7.6.9</p>	<p><b>Students have an understanding of self concept, self respect, self esteem, and relationships</b></p> <p><b>Understand effective communication</b></p>	<p><b>Graphic Organizers</b></p> <p><b>Presentation</b></p> <p><b>Cooperative groups</b></p> <p><b>Discussion</b></p> <p><b>Projects</b></p>	<p><b>Handouts:</b></p> <p><b>Scavenger Hunt</b></p> <p><b>Reflecting Back</b></p> <p><b>Goal Setting</b></p> <p><b>Friendship Recipe</b></p> <p><b>Box Heads</b></p> <p><b>Looking at Yourself</b></p> <p><b>See, Run, Do Poster</b></p> <p><b>Bio Dots</b></p> <p><b>Body Outline</b></p>	<p><b>Your Health Text Book</b></p> <p><b>7<sup>th</sup> Grade Supplemental Material Notebook</b></p>	